

Birdwatching in Vattenriket

Lots to see all year round

There are always birds to see in Vattenriket's diverse landscapes, especially the wetlands along the River Helge å and Lakes Araslövsjön and Hammarsjön. Go birding in the heart of the city, the seasonally flooded grasslands and the forests. Our visitor sites and bird-watching towers make it easy to spot and observe your feathered friends.

 **Binoculars** are free to loan from naturum Vattenriket.



Norra Lingenäset



naturum Vattenriket



Åsums ängar



Pulken











Hercules

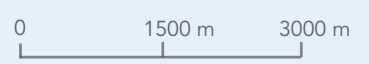


Håslövs ängar



Äspet

- KEY**
-  Visitor site in Vattenriket
 -  Car park
 -  Birdwatching tower
 -  Barbecue site
 -  Toilet WC
 -  Latrine, some open only in the summer.
 -  Wheelchair access
 -  Drinking water





Crane



Black tern

Photo: Mattias Roos



Greylag geese



Kingfisher

Photo: Hans Cronert

Spring

Migrating cranes resting at Pulken are best seen from the outdoor museum there. Look out, too, for shelducks and storks. Ducks and early waders rest at Isterinäset. At Håslövs ängar you can see lapwing, redshank, curlew, yellow wagtail and common snipe. Great bittern boom from the reed beds at Hercules, while the broadleaf forests at Norra Lingenäset, Ekenabben and Balsberget echo to the songs of chaffinch, blackcap and blackbird.

Summer

Birds are busy with their hatchlings. At Äspet you can see avocet chicks and flocks of waders on their way south. Ospreys nest by Lake Araslövs-sjön. At Hercules you may spot the rare black tern. Red-necked grebes breed at Karpalund Ponds, where bearded reedlings hide in the reeds. At Gropahålet you may be lucky enough to see the hobby hunting swallows high in the sky. Woodlarks sing at Sännarna, and on still evenings nightingales can be heard at Ekenabben and the naturum visitor centre.

Autumn

Many migratory birds pass through Vattenriket. Chaffinch and brambling gather in huge numbers, and many exciting species rest in Håslövs ängar, Åsums ängar and around the lagoon at Äspet. Later in the autumn loons, scoters and other ducks can be seen offshore at Gropahålet. Geese and ducks overwinter in large flocks at Isterinäset.

Winter

Tens of thousands of geese overwinter in Vattenriket. Now is also the time to see white-tailed eagles at Åsums ängar, Isterinäset, Pulken or Kanalhuset. With luck, you may spot the bejewelled plumage of a kingfisher at Kanalhuset, naturum or Vramsån. Look out, too, for white-throated dipper foraging for insects in fast-flowing waters at Forsakar and the River Vramsån.

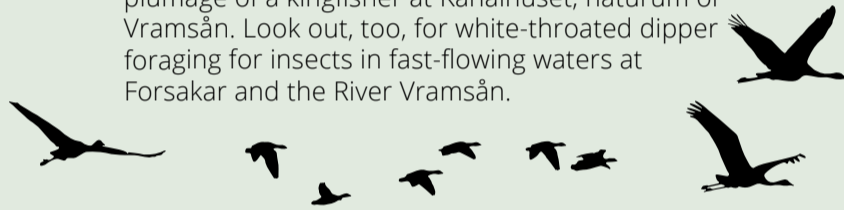


Photo: Patrik Olofsson/N

Lapwing



Avocet



Chaffinch



Photo: Hans Cronert

White-throated dipper

Always something to see
In winter white-tailed eagles patrol the River Helge å. In spring thousands of cranes rest at Pulken. A little later, the seasonally flooded grasslands teem with life. You can see and hear birds all year round in Vattenriket. Several visitor sites have birdwatching towers, and some are adapted for wheelchair access. So, grab your binoculars and head out!



Isterinäset

Birdwatch in Vattenriket. Let our film inspire you!



Welcome to Vattenriket!

The rich wetlands of Kristianstads Vattenrike Biosphere Reserve are located in northeastern Skåne. At their heart, easily accessible by road, rail and air, is the city of Kristianstad and, just 400 metres from the railway station, the naturum Vattenriket visitor centre.



Visitor centre
Naturum Vattenriket
Naturumsvägen 2
SE-291 59 Kristianstad
Sweden
Tel. +46 (0)44-13 23 30
E-mail: naturum@kristianstad.se
vattenriket.kristianstad.se



naturum
Vattenriket



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