

# COME AND ENJOY VATTENRIKET!



Vattenriket is the name of an area with beautiful and varied countryside. Its total area is 35 x 35 kilometres. The river Helge å flows through the countryside out into the sea. Along the river, there are wetlands and meadows, forests with broadleaved trees and dry, sandy arable lands. Many animals and plants thrive in this varied countryside.

At the naturum Vattenriket visitor centre, there is an exhibition and also guides who can give you information about the special birds, fish and insects in this area. You can take part in different activities, enjoy the view and have some refreshments.

Vattenriket has 21 prepared areas for visitors, all of which are easily accessible from here. There are information boards, boardwalks and birdwatching towers. These prepared areas enable visitors to enjoy the countryside in many different ways, all the year round. You can bathe, barbecue, go walking or birdwatching.

In 2005, Kristianstad's Vattenrike was designated a "biosphere area". Since then, Vattenriket has served as a model area for sustainable development - "Good for both nature and people"! There are 600 biosphere areas in the world. Five are located in Sweden. Vattenriket is the oldest in Sweden.