



Walking in Vattenriket



Kanalhuset outdoor museum



naturum Vattenriket



Lillö castle ruins



Ekenabben



Norra Lingenäset

Walks close to the city

Just north of the city centre, wild garlic and wood anemones flourish in Nasby Fält's broadleaf woods. The Linnérundan Trail from the naturum visitor centre crosses seasonally flooded grasslands to the ruins of medieval Lillö Castle. And to the south are the lush wet forest and majestic oaks of Ekenabben. The SL6 subtrail of the Skåneleden Trail connects all these areas.

Important information

- Several trails are accessible for wheelchair users and children's buggies. Some paths at Norra Lingenäset and Ekenabben offer extra easy access.
- Water levels over 1.3 m above sea level may restrict access to the Linnérundan Trail and Nasby Fält.
- Do not take dogs into grazing pastures. Walk around herds and flocks. Never walk between a cow and her calf.



KEY

	Visitor site in Vattenriket		Toilett
	Nature reserve		WC
	Birdwatching tower		Fishing
	Wheelchair access		Skåneleden Trail SL6
	Point of interest		Norra Lingenäset Trail 0,7 km
	Railway station		Södra Lingenäset Trail 2,7 km
	Bus stop		Linnérundan Trail 6 km
	Audiopost		Tivolirundan Trail 1,8 km
	Barbecue site		Ekenabben 0,8 km
	Campsite		

THE SKÅNELEDEN TRAIL IN KRISTIANSTADS VATTENRIKE —

The SL6 subtrail of the Skåneleden Trail passes through Kristianstad, linking the nature walks close to urban areas.

NORRA LINGENÄSET TRAIL 0,7 km ●●●●

Paths suitable for wheelchair users and children's buggies provide easy access to the groves of oaks and hazel at Norra Lingenäset. In spring the slopes are carpeted with wild anemones and toothwort, and the song of blackcaps and nightingales fills the air. From the platform you may spot marsh harriers and greylag geese that nest in the reeds, or goldeneyes, geese and ducks resting in Lake Araslövssjön. On your walk you can help the grumpy old gnome who lives here to find his favourite flower – the toothwort. Signs and wooden sculptures beside the Fairy Tail Trail tell you about the flora and fauna.

SÖDRA LINGENÄSET TRAIL 2,7 km ●●●●

Södra Lingenäset offers visitors a delightful mix of wet forest, pasture and broadleaf trees. In May the air is scented with the flowers of wild garlic and there is a symphony of birdsong from blackcaps, nightingales and garden warblers. Roman snails abound in the damp earth here.

LINNÉRUNDAN TRAIL 6 km —

This trail explores the landscape first described by the Swedish botanist, Carl Linnaeus, 250 years ago. A wetland wonderland of seasonally flooded pastures, reeds and rushes close to the city centre – home to marsh harriers, eagles and geese in winter, and curlew, lapwing and common snipe in summer.

From the naturum Vattenriket cross the river to the nearby Kanalhuset outdoor museum. Then follow the wooden boardwalk through dense thickets of willow to the seasonally flooded grasslands and a panoramic view of the birdlife there from Isteräset observation tower.

Halfway round the walk are the ruins of Lillö's medieval castle. Nearby, lesser spotted woodpecker nest in the damp broadleaf woods around the old waterlogged clay pits. Keys to Lillö and Kanalhuset are available at the naturum.

TIVOLIRUNDAN TRAIL 1,8 km —

This round walk passes through willow thickets on the west bank of the River Helge å and a lush park setting on the east. Purple-loosestrife grows by the water's edge and the rare fen ragwort's yellow flowers shine bright in July and August. Don't miss the path to the Årummet outdoor museum and the chance to come really close to the flora and fauna that thrives around the naturum pond.

EKENABBEN 0.8 km —

100 years ago people flocked to the dance pavilion at Ekenabben. Today the main attractions are Ekenabben's alder carrs and century-old oaks, all easily accessible for wheelchair users and children's buggies. Fungi and insect life flourish in the wet forest, where pools of water come alive with water violet and yellow iris in spring. A path leads past the ancient oaks that have given this area its name to a birdwatching tower with fine views over Lake Hammarsjön.



Blackcap



Common hepatica



Eurasian curlew



Roman snails



Fen ragwort



Bracket fungus